



ROC & The Prince Edward County Youth Centre
 299 Main Street,
 Picton, ON K0K 2T0
 613-476-1462
theROC.ca

Community Emergency & Agency Numbers

Agency	Phone Number
COVID-19 Information	613-966-5500 ext. 349
Emergency	911
Non-Emergency OPP	1-888-310-1122
Kids Help Phone	1-800-668-6868
Hastings Prince Edward Public Health	613-476-7471
Telehealth	1-866-797-0000
Children's Mental Health Services	613-476-8285
Addictions and Mental Health	613-476-2990 Crisis: 310- OPEN (6736)
CAS Highland Shores	1-800-267-0570
Alternatives for Women (Picton)	613-476-4435 Crisis: 613-476-2787
Sexual Assault Centre	613-967-6300 / 1-877-544-6424
Crisis Intervention Centre	(613) 969-7400 ext. 2753
Picton United Church Foodbank (open Fri 9am – 11:30am)	613-476-8516
Storehouse Foodbank Wellington (as needed)	613-399-1450
Picton Salvation Army Foodbank (open Tue-Thu 9 am-12 noon)	613-476-3159
Gov of Canada – Employment Insurance	1-800-622-6232 / 1-800-926-9105

ROC & PEC Youth Centre staff are available Monday – Friday, 9am – 5pm
 Email: info@theroc.ca Instagram: [@rocpec](https://www.instagram.com/rocpec)
 Facebook: [@theROC.believinginyouth](https://www.facebook.com/theROC.believinginyouth) Website: theroc.ca